

**Personal and Work Life Program:** Provides education and enrichment services.

**Key Support Liaison:** Focal point for information and support to families in their squadrons.

**Volunteer:** Share your time by volunteering on base or in the local community.

#### **Exceptional Family Member Program**

**(EFMP):** Exceptional Family Member Program (EFMP): EFMP-Family Support (FS) is the non-medical community support component located at the M&FRC. The EFMP-FS acts as a liaison between EFMP families and local, State, and Federal resources. They are your go-to person for questions or concerns you may have to make the right connections!

**Military and Family Life Counselor:** Provides non-medical counseling to help Airmen, spouses and other family members cope with military and life stressors.

#### **Transition Assistance Program:**

Mandatory for separating and retiring personnel.

**Transition GPS:** This five-day workshop, co-sponsored with the Department of Labor and Department of Veterans Affairs is for active duty members who are planning to retire or separate within the next 18-24 months. Spouses may attend on space available.

**Resume Workshop:** Learn the basics for writing an effective civilian resume and USAJobs Federal resumes and the latest in interview techniques.

**Employment Readiness Program:** Provides individual assessment and career counseling to military families and DoD civilian members.

Program goals are to assist military families and DoD civilians in employment readiness, including resumes, cover letters, interview skills, and preparation for future career endeavors.

**Discovery Resource Center:** Computers with Internet access are available for job searches, assessments, resumes, cover letters, state and federal applications and companies' employment information. Fax machine available. A lending library of books, DVDs and periodicals on transition, and EFMP topics are available for check out.

**Job Fairs and Employment Expos:** Columbus AFB participates in the WCBI job fair every summer.

**Career Exploration & Planning Track:** Identifies skills, training and credentialing, and action plans. Service members/spouses who attend the two-day DoL CEPT workshop will complete assessments that will present a variety of tailored job recommendations classified "high demand"/"high growth" Learn to narrow career focus by establishing achievable career goals & development strategies.

**Entrepreneurship:** Two-day workshop includes information on starting a business, obtaining small business loans, and marketing strategies.

**M&FRC Calendar:** You may have it sent right to your home or at work. Send an e-mail to request it.

# Welcome to Columbus AFB, MS




**Located on Independence Drive, across from the Medical Clinic.**

## **Operating Hours**

<b>Mon</b>	<b>0730-1630</b>
<b>Tues</b>	<b>0730-1630</b>
<b>Wed</b>	<b>0730-1630</b>
<b>Thur</b>	<b>0730-1200</b>
<b>Fri</b>	<b>0730-1630</b>

**Closed Weekends,  
Federal Holidays & Family Days**

 **(662) 434-2790**

 [14FSS.FSH.MFRC@us.af.mil](mailto:14FSS.FSH.MFRC@us.af.mil)

 <https://www.columbusafbliving.com>

 <https://facebook.com/MFRC Columbus AFB>

 [https://www.instagram.com/mfrc\\_columbus\\_air\\_force\\_base/](https://www.instagram.com/mfrc_columbus_air_force_base/)

**August 2024**

## PROGRAMS AND SERVICES

Welcome to Columbus Air Force Base! The Columbus AFB Military & Family Readiness Center (M&FRC) is the service organization for base families and a one-stop location where individuals can obtain reliable information and assistance on a wide range of important topics.

### Programs and Services include:

#### **Air Force Aid Society (AFAS):**

Provides emergency financial assistance to eligible members (Active/Guard/Reserve/Retired) for basic needs such as food, utility bills, funerals or unexpected vehicle repairs. Programs sponsored by AFAS include the following:

Bundles for Babies: A program that discusses finances, labor and delivery, and infant care for active duty AF and/or their spouses who are pregnant or have a child 4-months-old or less. A gift of \$50 per child is sent to parents who attend.

Child Care for PCS: Arriving or departing Airmen receive 20 hours of childcare per child to use within 60 days of PCS date. Child care is provided by the Child Development Center (CDC) or Youth Center.

Give Parents A Break Program: Allows eligible parents to have a break from parenting. This program pays for child care at the CDC or Youth Center 4 hours per month for 3 months.

Heart Link Spouse Welcome: Quarterly spouse orientation program designed to strengthen military families and enhance mission readiness. Provides information about life in the Air Force, in the local area and at Columbus AFB.

**Personal Financial Counselor:** Provides education, information, counseling, credit management and financial planning.

Personal Financial Readiness Planning: A workshop that deals with basic financial management to include learning to invest, budgeting and credit management.

Thrift Savings Plan (TSP): Learn about TSP and its options and benefits at this workshop.

**Relocation Program:** Assists military and DoD members to prepare for relocation. Assists in planning moves, deals with unique situations and addresses concerns that may occur in the moving process.

Smooth Move Workshop: Valuable information for relocating members/families. Learn what to expect before you move with information from TMO, Housing, Military Pay, Lodging, Tri-Care and M&FRC. Held monthly.

Sponsorship Training: Commanders Support Staff, first-time sponsors and those who have not been trained as a sponsor during the past year must complete sponsorship training online at <http://apps.militaryonesource.mil/esat>

Wing Newcomers Orientation: Wing Newcomers Orientation is 0800-1545. The foundation of this base-wide CONNECTION orientation's is the Columbus AFB App. To register, please contact your unit CSS. For more information, please call the M&FRC Relocation Manager at (662) 434-2701/2790.

Air Force Families Forever: Long-term support for surviving family members of deceased Airmen and Guardians.

#### Relocation Resources:

Plan My Move and Military Installations are available at [www.militaryonesource.com](http://www.militaryonesource.com). Plan My Move provides entitlement/benefit info, points of contact, checklists, and planning tools. Military Installations provides info on most installations world-wide, including contact information, photos, hours of operation, new arrival information and much more.

**Family Readiness Program:** Provides planning, education and training to alleviate the stressors associated with deployment.

Hearts Apart: Quarterly social event for family members whose sponsor is deployed, remote or on extended TDY of 30 days or more.

Daddy Dolls: Members deploying or going on short tour can have a "Daddy Doll" made to give to family/loved ones.

#### **Installation Voter Assistance Office:**

Offers voting assistance including voter registration, absentee ballot requests/voting, change of address, and provides answers for general voting questions to uniformed service members, their family members and civilians with access to M&FRC. For more information, please contact the Installation VAO at (662) 434-2701/2790 or email: [vote.columbus@us.af.mil](mailto:vote.columbus@us.af.mil)

**Casualty Assistance:** Provides prompt, accurate reporting, dignified and humane notifications, and efficient, thorough and compassionate assistance to next of kin and/or those designated to receive benefits/entitlements.